

CHRISTMAS PARTY MENU 2013

Starters

A mixed plate of cold and hot meze. This includes all of the following;

Humus – Chickpeas, tahini, garlic, olive oil and paprika. (V)

Saksuka – Aubergine, tomatoes, peppers and onions. (V)

Manca – Chopped spinach in yoghurt with olive oil, fresh mint and carrot. (V)

Borek – Filo pastry filled with feta cheese, baby spinach and herbs. (V)

Falafel – Deep fried bean rissoles with herbs and coated in sesame seeds. (V)

Sucuk – Special home-made spicy sausage.

Cacik – Yoghurt, salt, olive oil, crushed garlic, chopped cucumber, dill and mint. (V)

Main Courses

Please choose one of the main courses and your choice of basmati rice, chips or roasted vegetables.

Chicken Shish – Lean chunks of chicken marinated in a mixture of olive oil, garlic and paprika, threaded onto a skewer and char-grilled.

Incik (kleftico) – lamb Shank cooked slowly in the oven in a delicious tomato sauce.

Oven-baked Salmon – cooked with olive oil, mixed herbs and garlic, with a mushroom and white wine sauce.

Mixed Grill – A grilled selection of marinated pieces of chicken breast, together with kofte (minced lamb) and lamb chops.

Istanbul Steak (Friday and Saturday only)– Charcoal grilled fillet steak, with chopped onion, mushroom and pepper cooked in a mustard and brandy sauce.

Chicken Guvec – Tender pieces of chicken cooked with mixed vegetables in a tomato and cream sauce, topped with cheese and served in a clay pot with a side dish of rice.

Vegetable Moussaka – Oven cooked layers of potato, courgette, aubergine and mushrooms cooked in a tomato sauce and topped with white sauce and cheese. (V)

Vegetable Guvec – Seasoned vegetables, aubergines, courgettes, mushrooms, onions, peppers and potatoes cooked in a tomato and cream sauce, topped with cheese and served in a clay pot with a side dish of rice. (V)

Desserts and Filter coffee

Please choose one of the desserts from below;

Baklava – Pastry with mixed nuts, syrup and ground pistachio.

Toffee and Vanilla Cheesecake – A rich and creamy cheesecake served with ice-cream.

Sutlac – Baked rice pudding.

Kadayif – Wheat strands with mixed nuts, syrup and ground Pistachio served with ice-cream.

Christmas Pudding

Evening entertainment includes belly dancer and English and Turkish music
Deposit of £10.00 pp and pre-order required

Istanbul Turkish & Mediterranean Restaurant

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40 Marine Parade, Worthing www.istanbulworthing.co.uk

£15.95 pp

(Sunday to Thursday)

£24.95 pp

(Friday and Saturday Evening,
Belly dancing and Dance music)